

## What is a School Counsellor?

The symbol of the BCSCA is a circle of five people holding hands surrounding a blue heart. We use our hands to care for others, ourselves, and the world. When we hold hands in a circle, we express human community, connection, and alliance. The fivefold nature of the circle represents the **five aspects of the School Counsellor**.



**BCSCA**  
British Columbia School  
Counsellors Association

At the heart of our association is our shared work to care for the hearts and the minds of others. We keep them at the centre of the circle.

We also honour all the helpers who have gone before us by remembering the blue logo of BCSCA past.

**BCTF** BCSCA is a Provincial  
Specialist Association  
(PSA) of the BC Teachers'  
Federation.

**Counsellor** who provides counselling services to students to facilitate positive change in academic and career development, mental health, personal growth, relationships, and wellbeing. The counselling process involves the ethical use of specific competencies to facilitate change by applying recognized principles.

**Catalyst** who identifies students at risk and, in conjunction with School-Based Teams, ensures programs are in place to promote positive change for students, teachers, and the school community.

**Consultant** who shares their expertise with School-Based Teams, teachers, and allied professionals to assist students in meeting their needs and to show relevance of in-school studies, educational, and career opportunities.

**Coordinator** who links the school with other ministries and outside agencies to support students' needs (e.g. Child & Youth Mental Health, Ministry of Children and Family Development, other public or private agencies).

**Curriculum Specialist** who collaborates with colleagues and instructs students to support Social-Emotional Learning (SEL) and Social Awareness and Responsibility Curricula.