



MESSAGE FROM BC SCHOOL COUNSELLORS ASSOCIATION EXECUTIVE REGARDING COVID-19

The BC School Counsellor Association is prepared to support BC School Counsellors through these unprecedented times and the uncharted territory that school counsellors and schools in general face. We plan to lead the coming together of school counsellors from across BC to share ideas and work together to ease the burden that the COVID-19 places on school counsellors. Below you will find multiple for school counsellors including documents from the various sources across North America, information on virtual counseling practices, information for schools regarding COVID-19, resources for supporting teachers at they work to build critical social-emotional connections with students. This webpage will be continually updated as information changes and as we find additional resources. Specifically, we are prepared to support school counsellors in the following ways:

1. We plan to use our website as a way for school counsellors to share resources at-a-distance during school closures. Please, please, please, share any lessons, resources, forms or web applications you use or create by sending them to bcscsca.executive@gmail.com. After being reviewed, the resource in question it will be posted to the BCSCA website.
2. BCSCA will provide updated resources and information on the BCSCA public website <https://www.bcschoolcounsellor.com/>. In the FALL, we will move these resources to the MEMBERS section of the BCSCA website.
3. BCSCA wants to hear from you as to what you need during this time and we will do what we can to support you. E-mail your needs or suggestions to bcscsca.executive@gmail.com. This email will be monitored daily by executive members. We will use member response to guide the developing areas of support for school counsellors in B.C.

4. Provide a weekly ZOOM video gathering of interested school counsellors. Through the use of this virtual collaborative tool, we will strengthen our connections and ultimately our profession. Please check our Facebook BCSchoolCounsellors page, @BCSCA twitter account or BCSCA List serve for the next scheduled meeting.

5. Provide ZOOM meeting room smaller groups of school counsellors according to the 8 BCTF geographical zones to connect and discuss issues relevant to your region. These meetings will be facilitated by a member of the BCSCA executive. Please allow for at least 48 hours to schedule a virtual meeting.
 - a) **Kootenay Zone:** Fernie, Cranbrook, Kimberley, Windermere, Nelson, Arrow Lakes, Golden, Kootenay Columbia, Boundary, Creston Valley, Kootenay Lake.
 - b) **Okanagan Zone:** Princeton, Revelstoke, Vernon, Central Okanagan, Nicola Valley, South Okanagan / Similkameen, Okanagan Skaha, Kamloops Thompson, Gold Trail, North Okanagan Shushwap.
 - c) **North Coast Zone:** Haida Gwaii, Prince Rupert, Bulkley Valley, Kitimat, Stikine, Terrace, Upper Skeena, Nisga'a North Central/Peace River
 - d) **North Central / Peace River:** Cariboo Chilcotiin, Quesnel, Burns Lake, Nechako, Prince George, Mackenzie, McBride Valuemount, Peace River South, Chetwynd, Tumbler Ridge, Peace River North, Fort Nelson.
 - e) **Metro / Fraser Valley:** Chilliwack, Abbotsford, Langley, Surrey, Delta, Maple Ridge Mission, Fraser-Cascade, SEPF
 - f) **Metro West** - Richmond, Vancouver Elementary, Vancouver Secondary, Burnaby, New West, Coquitlam, North Vancouver, West Vancouver, Sea to Sky, Central Coast
 - g) **Vancouver Island North:** Sunshine Coast, Powell River, Nanaimo, Mt Arrowsmith, Alberni, Uclulet, Comox, Campbell River, Van Island North, Van Island West
 - h) **Vancouver Island South:** Greater Victoria, Sooke, Saanich, Gulf Islands, Cowichan, Lake Cowichan.